

"I work with organizations that want to grow leaders and with people who want more out of life."

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The Green People Project



Identify Your Circle of Influencers



Patty Hendrickson.
INSPIRING LEADERS

1. Log or record every person you interact with for at least a week whether you know their name or not. (Bill Smith, Mom, bus driver, etc.) Include those who are regularly a part of your day. The longer the list, the better.
2. Find three colored markers = red, yellow & green.
3. With the **red** marker, highlight all of those people on your list who are negative. Red means stop and trouble!
4. With the **yellow** marker, highlight those people who don't bring you down, but they certainly don't inspire you either. Yellow means cautionary!
5. With the **green** marker, highlight all of those "green" people. These are your go-to people or your sustainers. They inspire you. They make you laugh. These are your Circle of Influencers. Green means go and great!
6. Post the names of your Green People where you will see them. As much as possible invest your energy with those "green" people who encourage and inspire you. This Circle of Influencers is one of your greatest assets.

THE GREEN PEOPLE PROJECT LOG

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